



Brighton & Hove Albion Football Club

**- Albion In The Community -
STUDY SUPPORT CENTRES**



**BTEC NATIONAL AWARD IN SPORT
(Level 3)**

**Student Information Leaflet
2007-08**

Partner:





ALBION IN THE COMMUNITY BTEC SPORTS COURSES

Brighton & Hove Albion FC was the first English football club to offer a BTEC course to the general public in 2005-2006, at Withdean, as part of our successful Albion In The Community adult education programme. We have had an excellent pass rate, with many learners gaining merits and distinctions. Some student have progressed on to Degree Courses as a result of their BTEC success and some have gone into sports related employment, with several joining the Albion's Community Programme working in Football Development and coaching youngsters. In addition, our Albion youth team players have been studying BTEC Sports courses for several years with great success, under the supervision of our Principal of Education. For 2007-2008 we are offering the BTEC Sports course based at Worthing and Eastbourne Borough FC, as well as Withdean, Brighton.

WHAT IS BTEC?

The BTEC National Award in Sport is a Level 3 course and is the equivalent of one A Level. It is a part-time course (evening or daytime subject to group numbers) and can be taken by students alongside other courses, by people in employment or by those seeking to move into this area of employment.

All BTEC Nationals have been designed to provide specialist work related qualifications in a range of sectors, either to help those already in a career develop their skills and achieve a qualification or to assist those wishing to enter a new career.

ASSESSMENT AND GRADING

All units are assessed via course work: there are no examinations. Units are graded as pass, merit, distinction or unclassified. To achieve the Award learners must achieve a minimum of a Pass grade on all 6 units. The overall pass grade is then calculated on the total points scored from all units and the final mark is graded as:

Pass E Grade at A Level

Merit C Grade at A Level

Distinction A Grade at A Level



BTEC IN SPORT

The full name of the qualification offered by the Albion is: EDEXCEL Level 3 BTEC National Award In Sport. The BTEC Nationals In Sport courses have been developed to meet employment opportunities within the leisure and sports industries, which include:

- Health/lifestyle services
- Health and fitness facilities
- Coaching/teaching/training
- Outdoor education
- Professional sport and performance
- Health promotion
- Community Development Officers
- Sports Development Officers

The course offered by the Albion is specifically designed to:

- Support the growing need to provide well-trained and professional sports coaches to cater for the growth in sports education as a result of the London 2012 Olympics.
- Compliment the range of activities aimed at improving the health of the nation (including the development of local authority sports and leisure strategies that require enhanced roles for sports development personnel e.g. coaches, trainers and sports development officers).
- Support opportunities for learners to investigate the breadth of the industry from health and fitness and sports therapy to sports coaching so they are able to make informed choices about future employment (e.g. provision of individual/group activities, health promotion, coaching/instruction of specialist groups and community development).
- Support progression to Further and Higher Education in Sports and related fields (e.g. the Albion's Foundation Degree In Sport).



ENTRANCE REQUIREMENTS

At Brighton & Hove Albion FC we generally employ an open access policy and the course is open to anyone who is capable of achieving the Level 3 standard. Thus for those recently in full time education an indication would be having already achieved one of:

- A BTEC First Certificate or Diploma in a related subject
- An intermediate GNVQ in a related subject
- 4 or more GSCE at grades A - C

For more mature learners the profile may be different and might include paid or voluntary work in a related field. Learners must be 16 or over. Where learners do not already hold the GCSE qualification or equivalent they can sit the Edexcel Level 2 National Assessment in Literacy and in Numeracy at Brighton & Hove Albion's Study Support Centre prior to commencing the BTEC course.

COURSE ENROLMENT & INFORMATION

Students must complete the attached preliminary application form and return to the Study Support Centre they wish to attend. Suitable applicants will be asked to attend an interview, and the course leader will make a final decision on admission.

Tuition: this will take place twice weekly, evenings and/or days (subject to group composition or numbers).

Courses commence in late September and will end in May/June subject to successful completion of all six-course modules.

Fees: Ages 16-19 are fully funded. For over 19's the fees are £100 per term, or there are reduced rate subject to status; please contact our Study Support Centres for details.

BTEC Sports: Study Locations

Brighton:

Brighton & Hove Albion Study Support Centre

Located at BHAFC Hospitality Suite, Gate 21 (Park & Ride Car Park), Withdean Stadium, Tongdean Lane, Brighton.

Enquiries: 01273 564185 email bhafc@studysupport.org

All Postal Correspondence to: BHAFC Study Support Centre, Tower Point,

Eastbourne:

Eastbourne Borough FC Study Support Centre

Langney Sports Club, Priory Road, Eastbourne, East Sussex, BN23 7QH

Enquiries: 01323 741627 email ebfc@studysupport.org

Worthing:

Worthing FC Study Support Centre

Woodside Road, Worthing, West Sussex, BN14 7HQ.

Enquiries: 01903 236715 email wfc@studysupport.org



COURSE STAFF

Tuition is by fully qualified sports teachers. In addition guest lecturers contribute their wealth of professional sport experience to the course throughout the year.

Alan Sanders – Principal Of Education

Since 2002 Alan has been Brighton & Hove Albion's Principal Of Education and is in charge of all educational projects and future development at the Albion. Previously Alan was Head of PE at Brighton, Hove & Sussex Sixth Form College, and he has been awarded a PhD in Applied Sports Studies by the University Of Brighton.

Alan Dean – Course Leader

Alan has been tutoring for the Albion's Adult Education programmes since 2004, specialising in Exercise Studies and Sports Development courses.

Andy King - Course Tutor

Andy is a qualified PE teacher with many years experience of teaching A Level standard and equivalent sports courses.

Larry May - Ex Professional Footballer

Larry is a former Brighton & Hove Albion professional footballer, who has worked in sports education and development for many years. He is now back at the Albion, working for the club's Community Scheme as Football Development Manager.

John Byrne – Ex Professional Footballer

John is an ex Albion, QPR and Le Havre player and has also represented the Republic of Ireland at full international level. He has a BSc (Hons) in Podiatry and has recently been working for the Albion again on their Interreg cross cultural community project with Le Havre Football Club.



BTEC NATIONAL AWARD IN SPORT COURSE UNITS

This BTEC National Award In Sport course requires the completion of six units: three core and six specialist.

CORE UNIT 1 – THE BODY IN ACTION

The human body is made up of many different systems that work together and allow us to take part in wide of sport and exercise activities. For each activity we take part in, the human body undergoes a series of changes that provide the performer with the ability and the energy to carry out these actions. This unit explores the structure and function of the skeletal, muscular, cardiovascular and respiratory systems, and how each responds to exercise. To complete this unit, each of the three energy systems are examined.

CORE UNIT 2 – HEALTH & SAFETY IN SPORT

The health and safety of sports participants is in the spotlight more now than it has ever been. This unit give learners knowledge and experience that can be used to help promote a culture of health and safety in sport. Learners should also understand the importance of completing risk assessments, and will complete risk assessments for two different sports activities.

CORE UNIT 3 – TRAINING & FITNESS FOR SPORT

Fitness is vital to achieving success in sport and any individual who is serious about their sports performance will carry out a fitness training programme. Elite athletes develop and maintain high levels of fitness and take fitness training very seriously. It is common for elite athletes to have a designated fitness coach. The aim of this unit is to give learners the skills and knowledge to plan a fitness training programme and to monitor and evaluate it.

SPECIALIST UNIT 1 – SPORTS COACHING

The major goal of any sports coach is to maximise the potential of the individuals or performers, enabling athletes to achieve levels of performance to a degree that may not have been possible if left to their own endeavours. This unit develops the techniques and strategies that successful coaches apply, and the knowledge base needed to improve performance. In a practical setting, the learner can plan, deliver and evaluate their own coaching performance, which will enable them to consider future coaching pathways.

SPECIALIST UNIT 2 – PRACTICAL TEAM SPORTS

Participation in sports activities continues to grow. People today are more aware of the life long benefits of a healthy lifestyle, and the legacy of the successful 2012 Olympic bid will provide more opportunities for those wanting to take part in sport. This unit aims to develop the learners' own practical sports performance in team sports, focussing on the applications of skills, techniques and tactics. This is achieved through participation and practical activities, and reflection on their performances and those of other performers.

SPECIALIST UNIT 3 – WORKING WITH CHILDREN IN SPORT

Sport plays a key role and has many positive influences in the physiological, psychological, social and emotional development of a child. In terms of social development, sport can play a key role, as being part of a team gives children a sense of belonging. Sport also challenges children to work in a group and encourages to think of others. This unit will explore the benefits of sport to the child in terms of the development of their body, their mind and the shaping of the child as an individual. This unit will also enable learners to identify the needs of children, exploring the relevant laws and procedures for working with, and protecting children.



DEVELOPING KEY SKILLS

All BTEC national courses include key skills (skills transferable to any career or path of life). Thus the BTEC National Award In Sport also allows learners to develop and demonstrate their ability to: communicate effectively; work well with; manage their own development; use numbers more effectively; use ICT to support all aspects of their work; and solve problems in a variety of circumstances.

PROGRESS TO FURTHER & HIGHER EDUCATION

Employers and higher education value BTEC National Awards. The Sports Award could lead to a job in Sports or Leisure Centres. Or for those wanting to go on to college or university it could count alongside other qualifications enabling access to a degree course or a BTEC Higher National in subjects such as: Sports Studies, Leisure Management, Recreation Management or Teacher Training. Albion In The Community is offering a new Foundation Degree In Sport in partnership with Sussex Downs College and University of Brighton, commencing in January 2008.